



Parental Consent Policy for Counselling

There is no general age of consent for counselling.

If a child or young person is considered to be Fraser competent, then counselling can be offered without parental consent.

This competency will be considered in the initial counselling session where the child's age, maturity, understanding and capability to consent or not, will be considered and reviewed.

Secondary Schools

In a secondary school setting, consent would be agreed in partnership with the school named contact, usually a designated safeguarding lead.

Primary Schools

When working with primary school age children, Step 2 will always ask for parental consent before starting therapy.

This will be given in writing using the form which can be found in Appendix 1

APPENDIX 1



Therapeutic Play

PARENTAL CONSENT SLIP

I give permission for(child's name)

Class/tutor group

To work with the school counsellor for a series of Therapeutic Play sessions.

I have received information about the service.

Name

Parents signature

Date



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